

LAURA PAPUGA

EXPERIENCE ✨

Prior to moving to Wisconsin I instructed at the YMCA in their aquatic department for 8 years. I taught 5 different types of classes. I have seen firsthand how much benefit people can get from aquatic exercise.

TEACHING STYLE

When I instruct a class I have students work as hard as they can while listening to their bodies limitations.



My favorite quote:

“I’d never worry about age if I knew I could go on being loved and have the possibility to love.” –Audrey Hepburn

INTERESTS

During my free time I enjoy oil painting, camping, photography, hiking, fishing, motorcycle riding, vacationing, doing woodworking projects with my husband, and playing with my dog Leo.